

Sometimes Less Is More-

May we introduce, or perhaps reintroduce, you to some of the life's work of Brother David Steindl-Rast:

We offer three short (just over 5 mins) youtubes of Brother David Steindl-Rast:

A Good Day-

<https://www.youtube.com/watch?v=3Zl9puhwiw>

A Grateful Day-

https://youtu.be/zSt7k_q_qRU

Blessings-

<https://www.youtube.com/watch?v=dDoNHGnJLwU>

Speaking personally, these are some of our “dear friends” – the ones we cherish and revisit often.

If they resonate with you at this time and place, awesome! If not, it is all good! Life is like this.

Much more is available online if you are interested in becoming more acquainted with Br. David and his life and body of work of gratitude.

Blessings and Namaste – we wish you well!

Shelley & Becky

“May you grow still enough to hear the splintering of starlight in the winter sky and the roar at earth's fiery core.” Br. David Steindl-Rast