



Ahhhhhhh SNOW!!!!!!!

Yesterday morning there was the scantest skiff of snow that I think I have ever seen. My heart was joyous as I saw it, barely dusting the car and the road. I paused and looked closer around. My view seemed soft or fuzzy and I wondered, my eyes?, fog? – beautiful diffuseness, but what is here? And, then I was able to notice the finest falling of snow ever! Finer than icing sugar and barely visible!!!

But, undeniably snow!!!! And in January 2021 when most of everything else feels groundless and “Off!”. Oh goodness, this felt deliciously “normal” and familiar and as soon as I connected this as the underlying feeling tone, I got it. Yes, we all are feeling a bit beyond our limits, out of our comfort zone, tapped out with hanging in and waiting to see, while the covid numbers explode and move closer in. But, this – the briefest and scantest snowfall that I have ever seen felt like a wild and crazy gift.

Yup, it did not last long (the snow). Long enough for me to imagine that each one of these teeny, tiny bits (are they even snow”flakes”?) are one of a kind, perfectly unique – how extraordinary. And we too are one of a kinds, each one unique and extraordinary. And with our incredible uniqueness also lies a shared humanity, a shared preference for some things seeming “normal”/familiar.

Yesterday, when I was online for other activities, I found myself checking the weather network just to see if snow was moving closer into our forecast. I chuckled at myself and my playful heart. I also often looked outside, hoping to see more. It is coming and there will be Snow! May we notice the comfort of snow in January here in our neighbourhood – normal, familiar, usually predictable. May we appreciate and delight in the beauty and simply “be here and now”, even for one breath! May we have children (large or small) or animals to observe delighting in the play and joy of snow. May we make ourselves a cup of hot chocolate, close our eyes and remember when

Warm and snowy regards,

Shelley & Becky

