

## **SAMPLE MENU**

### **Breakfast**

Assorted Juices/Tea/Coffee  
Fresh Fruit/Stewed Prunes  
Assorted Cold Cereals  
Whole Wheat Toast  
Boiled Egg  
Ham

### **Lunch**

Beef Noodle Soup  
Assorted Juices/Tea/Coffee  
Western Omelette  
Home Fries  
Baby Carrot & Yellow Beans  
Assorted Sandwiches  
Crunchy Pea Salad  
Vanilla Mousse/Orange Jell-O

### **Supper**

Roast Beef Au Jus  
Yorkshire Pudding  
Herbed/Mashed Potatoes  
Steamed Purple Cabbage  
Baked Beans  
Peaches and Cream Corn  
Assorted Pies/Crushed Pineapple

## **ONSITE SERVICES**

Specialists, Telemedicine, Trends Café, Beauty Salon, Educational Clinics, and Chapel services are available for your convenience.

The Seniors' Drop In Center offers bingo, music, cards, and other activities on a weekly basis.

## **OUTDOORS**

Surrounding forest and landscaped areas with seating along paved walkways and a Gazebo.



### **QUEENSWAY PLACE**

**Telephone:** 1-705-869-1420 ext 3079

**Fax:** 1-705-869-2609

799 Queensway  
Espanola, ON  
P5E 1R3

**website:** [www.esphosp.on.ca](http://www.esphosp.on.ca)

*Supporting Your Independence*

## **QUEENSWAY PLACE**

**Assisted Living**



**Welcomes you to  
assisted living with  
down home comfort,  
a caring staff and a  
friendly community**

**TOURS AVAILABLE**

## QUEENSWAY PLACE AMENITIES

Queensway Place is located in the town of Espanola with Sudbury and Manitoulin Island nearby.

Queensway Place is unique in its locale and is interconnected to the Seniors Apartments, Nursing Home, and Espanola Regional Hospital and Health Center.

### DINING



Meal service with helpful staff to serve delicious meals.

Dining room open for tea, coffee, or an evening snack.

Private dining available upon request.

Seasonal meals follow Canada's Health Food Guide to healthy living.



### STUDIO ROOMS

- Small, medium and large rooms
- Private bath
- Cable included
- Telephone hook up in each room
- Individually controlled heating
- Wheelchair Accessible

### SERVICES INCLUDE

- Weekly Housekeeping
- Laundry Services
- Staff on duty 16 hours/day
- Tray service available
- Private mailbox
- Parking with plug-ins
- Building security
- Library
- Lounge
- Exercise room/Program
- Special events hosted regularly
- Non Smoking
- Air Conditioning in Common areas
- Queensway Theatre

*'The Queensway Place provides a secure, comfortable, care-free living environment through support services that enable seniors to live independently.'*