

**HSN Mental Health and Addictions Program
Service Provisions during COVID-19**

KEY MESSAGES

- All Health Sciences North Mental Health and Addiction services remain operational at this time.
- These services are deemed essential and will continue to operate as long as we are able.
- With this said, things may look a little different. We have transitioned many of our programs, where possible, to provide virtual or telephone care as an alternative to in-person service.
- All Psychiatrists and clinicians have adapted their practices to ensure continuity of care in this new COVID-19 reality.
- We are doing this to prevent and/or reduce the spread of the coronavirus and support the recommendations that have been issued around physical distancing.
- In-person services remain an option when virtual or telephone interventions are not deemed to be suitable. Example: inpatient care, withdrawal management service, crisis services etc.
- Active screening is in place at all of our locations and clear plans are in place to protect our clients as well as staff.
- We know that during these uncertain times, many of us may be experiencing heightened anxiety and stress.
- We'd like to remind our community members that if there is any uncertainty regarding service availability or if you have questions to please give us a call.
- If your mental health situation becomes urgent, please call the Crisis Intervention Program at 705-675-4760.
- Crisis services are available 24 hours a day, 7 days a week or you can visit us at the Sudbury Mental Health and Addictions Centre at 127 Cedar St. from 8:30 a.m. to 10:00 p.m., 7 days a week.